

## BALANCE SYSTEM ACUPUNCTURE (BSA)

**CERTIFICATE PROGRAM (75 hours)**

**PROGRAM FEE: \$2800**

You must register for all 6 levels (BSA Levels 3-8) plus the Final Exam, at the same time.

Prerequisites required for entry are on page 2.

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LEVEL/MODULE & PREREQUISITES	HOURS OF STUDY	DATES & TIMES 2023
<b>BSA LEVEL 3 - Channel Conversion</b> BSAP1103 PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2), and possibly BSA Foundations Refresher and Practical^+ PART OF CERTIFICATE PROGRAM <i>~Online attendance available if needed.</i>	<b>TOTAL HOURS: 15hrs</b> <ul style="list-style-type: none"> <li>Lecture: 10hrs (2days @ 5hrs/day)</li> <li>Clinical: 4hrs</li> <li>Exam: 1hr ~Online</li> </ul>	<b>2023: Feb 10, 11, 12 plus Feb 26</b> LECTURE: Fri+Sat, Feb 10+11 9:00am-3:00pm (includes 1hr lunch) GRAND ROUNDS: Sun Feb 12 9:00am-1:00pm EXAM: Sun Feb 26 10:00am-11:00am
<b>BSA LEVEL 4 - The Twelve Meridian System</b> BSAP1104 PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) or equivalent^+ PART OF CERTIFICATE PROGRAM <i>~Online attendance available if needed.</i>	<b>TOTAL HOURS: 12hrs</b> <ul style="list-style-type: none"> <li>Lecture: 7hrs</li> <li>Clinical: 4hrs + Case assignment</li> <li>Exam: 1 hr ~Online</li> </ul>	<b>2023: Mar 11-12 plus Mar 26</b> LECTURE: Sat Mar 11 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun Mar 12 9:00am to 1:00pm EXAM: Sun Mar 26 10:00am-11:00am
<b>BSA LEVEL 5 - The Five Phases System</b> BSAP1105 PRE-REQUISITE: Single & Multiple Systems & Channel-Conversion (BSA 1, 2 & 3) PART OF CERTIFICATE PROGRAM <i>~Online attendance available if needed.</i>	<b>TOTAL HOURS: 12hrs</b> <ul style="list-style-type: none"> <li>Lecture: 7hrs</li> <li>Clinical: 4hrs + Case assignment</li> <li>Exam: 1 hr ~Online</li> </ul>	<b>2023: May 6-7 plus May 28</b> LECTURE: Sat May 6 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun May 7 9:00am to 1:00pm EXAM: Sun May 28 10:00am-11:00am
<b>BSA LEVEL 6 - Balance in the Seasons</b> BSAP1106 PRE-REQUISITE: Single & Multiple Systems & Channel-Conversion (BSA 1, 2, & 3) PART OF CERTIFICATE PROGRAM <i>~Online attendance available if needed.</i>	<b>TOTAL HOURS: 12hrs</b> <ul style="list-style-type: none"> <li>Lecture: 7hrs</li> <li>Clinical: 4hrs + Case assignment</li> <li>Exam: 1 hr ~Online</li> </ul>	<b>2023: Jun 3-4 plus Jun 18</b> LECTURE: Sat Jun 3 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun Jun 4 9:00am to 1:00pm EXAM: Sun Jun 18 10:00am-11:00am
<b>BSA LEVEL 7 - Combinations and Cases</b> BSAP1107 PRE-REQUISITE: BSA 1, 2, 3, 4, 5, & 6 PART OF CERTIFICATE PROGRAM <i>~Online attendance available if needed.</i>	<b>TOTAL HOURS: 11hrs</b> <ul style="list-style-type: none"> <li>Lecture: 7hrs</li> <li>Clinical: 4hrs + Case assignment</li> <li>Exam: No Exam</li> </ul>	<b>2023: Sep 16-17</b> LECTURE: Sat Sep 16 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun Sep 17 9:00am to 1:00pm
<b>BSA LEVEL 8 - Cases, Review and Practicum</b> BSAP1108 PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, & 7 PART OF CERTIFICATE PROGRAM - <b>MUST be attended in-person.</b>	<b>TOTAL HOURS: 9hrs</b> <ul style="list-style-type: none"> <li>Practical Lecture: 5hrs</li> <li>Clinical Evaluation: 4hrs + Case</li> <li>Exam: No Exam</li> </ul>	<b>2023: Oct 21-22</b> LECTURE+PRACTICUM: Sat Oct 21 9:00am to 3:00pm (includes 1hr lunch) GRAND ROUNDS: Sun Oct 22 9:00am to 1:00pm

# Langara College BSA Certificate program

## Outline & Schedule 2023 (Cohort 4)

Registration opens September 26, 2022

Updated Sep 7/22

Dr. Sonia F. Tan, BA, BA(H), DTCM Dip., DAOM, R.Ac., R.TCM.P.

[www.langara.ca/acupuncture](http://www.langara.ca/acupuncture) for updates to schedule

<b>BSA LEVEL 9 - FINAL EXAM</b> BSAP1109 PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7, & 8 PART OF CERTIFICATE PROGRAM	<b>TOTAL HOURS: 4hrs</b> • Study Lab: 1hr • Clinical: 0 • Exam: 3hrs ~Online	<b>2023: Nov 19</b> FINAL EXIT EXAM: Sun Nov 19 10:00am to 1:00pm.
<b>COMPLETION CELEBRATION</b> Approved application for certificate includes: successful completion of BSA 3-8 plus final exam and <u>all practicum and grand round clinical hours completed</u>	<b>TOTAL CERTIFICATE HOURS: 75hrs*</b> • 43 lecture hours • 24 clinical hours • 1 lab hour • 7 exam hours	<b>2024: January 6, 2024 (To be confirmed)</b> Graduating class celebration only. Official Langara Convocation Ceremony in June. Both events optional.

CERTIFICATE PROGRAM PREREQUISITES		
<b>REQUIRED:</b> Students must have BSA (Balance System Acupuncture) Foundations OR Equivalency course completion + Exam + Practical Refresher course		
<b>1) BSA Foundations: Levels 1+2 Single &amp; Multiple Systems BSAP1100 (or equivalent+)</b> This reformatted, 21-hour course is a required prerequisite for entry into the BSA Certificate Program at Langara College. This course provides the knowledge and skills of the both levels of the basic Foundations of Balance System Acupuncture (BSA), Level 1: Single System Balance and Level 2: Multiple/Global System Balance. Course includes hands-on practical work and must be attended in person. Dates/fees shown below: <i>Entry requirement: All health care professionals with a minimum 250 hrs accredited Acupuncture program &amp; legally able/ licensed to practice Acupuncture</i>		
<b>2) EQUIVALENCY EXAMS &amp; PRACTICAL DEMONSTRATION (Level 1 &amp; 2)</b> All students who have not completed their assessed practical work, or their Langara competency exams in BSA Level 1 and/or Level 2 must successfully complete these requirements for entry into the Certificate Program. Dates/fees shown below		
SCHEDULE OF PREREQUISITES AND EQUIVALENCY COURSE OPTIONS		
View registration options at <a href="http://www.langara.ca/registration">www.langara.ca/registration</a>		
<b>BSA Foundations: Levels 1+2 Single &amp; Multiple Systems BSAP1100</b> PRE-REQUISITE: <i>Minimum 250 hrs accredited Acupuncture program &amp; legally able/ licensed to practice Acupuncture</i>	<b>Dates and Times:</b> Fri to Sun, Nov 4, 5, 6, 2022 OR Fri to Sun, Nov 3, 4, 5, 2023 (Cohort 5 entry) 9:00am to 5:30pm (inc 1hr lunch)	<b>Course Fee: \$629</b> TOTAL HOURS: 21hrs MUST attend in-person.
<b>BSA Level 1 Equivalency Exam BSAP1101</b> PRE-REQUISITE: BSA Singles Systems or equivalent	<b>Dates and Times:</b> Sun, Jan 22, 2023 9:00am Or Sun, Jan 29, 2023 9:00am	<b>Exam Fee:</b> FEES: \$175/level; If writing 2 levels at the same time: \$297.50 total (15% discount) TOTAL HOURS: 1.5hrs/exam ~Online
<b>BSA Level 2 Equivalency Exam BSAP1102</b> PRE-REQUISITE: BSA Multiple Systems or equivalent	<b>Dates and Times:</b> Sun, Jan 22, 2023 11:00am Or Sun, Jan 29, 2023 11:00am	
<b>BSA Refresher &amp; Practical^ BSAP1152</b> Review with hands-on practice and evaluations. PRE-REQUISITE: BSA Single & Multiple Systems or equivalent	<b>Dates and Times:</b> Sun, Jan 15, 2023 9:30am to 3:30pm (inc 1hr lunch)	<b>Course Fee: \$188</b> TOTAL HOURS: 5hrs MUST attend in-person. Online observation by exception.

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**+Equivalency options (for Single Systems Level 1 and Multiple Systems Level 2):**

1. Completion of Langara College's past BSAP1101 & BSAP1102: which included the exam & practical, or
2. Completion of the live in-person course offered by the Tan Academy of Balance Inc or other institution\*, plus Langara BSA Level 1 & Level 2 Equivalency Exam (see dates previous page), or
3. Completion of Tan Academy of Balance online webinar Level 1 & 2 course completion\*, plus Langara BSA Level 1 & Level 2 Equivalency Exams and Langara's BSA Practical Refresher (see dates previous page).

Note: All equivalency options must include approved practice work.

**\* Students who have come through an approved teacher program and are wishing to complete the equivalency exam and practical for credit, must email [soniatan@langara.ca](mailto:soniatan@langara.ca) for entry approval. Visit [www.TanBalance.com](http://www.TanBalance.com) for other live BSA Foundations offerings.**

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**REGISTRATION**

Prior to registration, send your eligibility requirements to Dr. Sonia Tan, [soniatan@langara.ca](mailto:soniatan@langara.ca) for approval. Once approved, call 604.323.5322 to register for the Balance System Acupuncture certificate program and the required pre-requisite courses/exams.

**ATTENDANCE**

The schedule is based on in-class sessions. Students are required to complete practical hours in a clinical setting and must be able to demonstrate and be evaluated in-person to be granted a pass. If travel for study is not possible by the student, theoretical study online will be accommodated where scheduled, with the practical session occurring at the next possible in-class scheduled intake or if alternate arrangements have been made with the instructor (additional fees apply). Note: Delivery options may be modified. For example, courses may be online and course hours may be adjusted to accommodate practical work under supervision to ensure competencies and performance indicators.

**HISTORY OF BALANCE SYSTEM ACUPUNCTURE**

First discovered in the ancient classic Chinese medicine texts of over 2,000 years ago by Dr. Chao Chen, who published a book on this method and began to teach it in the 1970's. Refined by Dr. Richard Tehfu Tan into a systematic and logical way of understanding it, "The Balance Method" as it is originally known as, became popular under his guidance, experience and further developments. Balance System Acupuncture, is based on the utilization of a more in-depth and refined way of using Channel Theory based acupuncture. Dr. Sonia Tan, a certified Gold level practitioner of Dr. Richard Tan and one of his senior students, has blessings to continue this legacy and style of acupuncture, with the addition of her clinical and teaching experience, and improvements of her own to the methods. Further history and information at [www.TanBalance.com](http://www.TanBalance.com).

**PROGRAM HIGHLIGHTS:**

- 2-day weekend format for most modules → Saturday + Sunday.
- Every month → allows for out-of-town students and full-time practitioners.
- Sunday of the last day involves grand round clinical hours includes hands on work and learning with practice supervision
- Team taught with guest speakers, offering a variety of experience and support.
- Testing for competency with time between for practice and study. Pass grade of 70% or more required .
- 8 months program duration once prerequisites are met.
- Typical hours are Saturdays 7 hours → 9:00am to 5:30pm (1 hour lunch) plus Sundays 4 hours → 9:00am to 1:00pm → Grand Rounds format with video conference of lead doctor.
- Tests will be short answer written, multiple choice and true/false.
- Case Assignments due for each Grand Rounds and other classes.
- Entry: min 250-hour Acupuncture program and legally able to practice Acupuncture (min to ensure a basic foundation of Acupuncture). (e.g. understand where the channel pathways flow, location of acupuncture points, general functions of the channels and acupoints and special category acupoints, etc.) Questions: [soniatan@langara.ca](mailto:soniatan@langara.ca) or [kramsdn@langara.ca](mailto:kramsdn@langara.ca)